



# SPIRIT MEDICINE ACADEMY

Become a brilliantly **talented and effective** energy medicine alchemist. Make a meaningful impact on others' lives while earning a **robust income**.

BRIANA BORTEN



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# TAKE THE NEXT STEP ON THE PATH OF YOUR CALLING

[ENROLL NOW](#)

At the **Spirit Medicine Academy™** you'll become a powerful energy medicine healer, you'll learn how to work in private sessions with clients, groups, and world energetics to shift, amplify, clear, and support their energy fields so they experience their fullest potential. (Bonus: you'll learn to do this for yourself too!) You'll receive training to fully embody the **Entheos Energy Medicine™ Method** so you can work in the shadows and in the light with confidence.

Love,

**Briana Borten**

Spirit Medicine Academy Creator and Founder

# Program Overview

The foundation of this work is you as a clear and connected channel of the Universe - that's your embodied part of the entheos in **Entheos Energy Medicine™**

**ENTHEOS:** From the Ancient Greek meaning “the God within,” and the root of the English word “enthusiasm”

This path is one of becoming - and you will undergo incredible personal transformation so you feel confident and capable of supporting and guiding your clients in the energy/spirit realm toward their most open, clear, and connected selves.



# Program Overview

## THE WORK YOU'LL DO IS A COLLABORATION WITH SPIRIT.

You'll explore a realm beneath the surface appearance of things where you encounter a web of interconnections, stories, guides, and awesome possibilities. There is humor and revelation in it – for both you and your clients. Even though you'll be working on “invisible” planes, you will routinely uncover patterns that are absolute “bingo!” moments for your clients. Most importantly, their lives will change in meaningful, tangible, measurable ways thanks to your guidance.

Individual work is never truly limited to the individual. As your clients become clearer, healthier, and more powerful, their families, coworkers, and communities all benefit. You'll also have the capacity to work on transpersonal patterns – doing your part to illuminate and reconfigure trends of dysfunction on a large scale.

This **Spirit Medicine certification** is taught in three distinct levels, one per year, so you can get the level of training you desire. Each comes with a live retreat only offered to Spirit Medicine students.





# **The Three Spirit Medicine Levels**

**Level One: The Practitioner Path**

**Level Two: The Facilitator Path**

**Level Three: The Ordination Path**



# Level One: The Practitioner Path

This is a profound journey of embodiment of the methodology of Entheos energy work to use on yourself and other individuals.

## **In this year-long program you'll learn:**

- How to become a clear pathway for this work to move through
- How to support your own energy system to be its most vibrant and open
- Energy work techniques for amplifying, clearing, shifting, detangling, and reweaving energy for optimal freedom, connection, and expression
- How to see, feel, and know energy so you can effectively work with it
- To deepen your intuition and trust in your own guides, and the guidance of the Universe





# Level One: The Practitioner Path

**In this year-long program you'll learn:**

- How to work with energetic currents – the maps to remembrance
- Energetic hygiene, boundaries, and integrity
- How to work with clients in these realms to foster sustained and impactful change for them
- Meditations and sacred practices that support you to develop your sacred daily practice
- Tools for conducting energy work in precise and powerful ways
- How to use the energetic field to plant seeds that will open up and bloom right on time





# Level Two: The Facilitator Path

This is a profound journey of embodiment of the methodology of Entheos energy work to use on yourself and other individuals.

## **In this year-long program you'll learn:**

- How to effectively perform group sessions with Entheos Energy Medicine in a way that positively impacts the individual and the whole
- How to work with the energy of an organization to help them overcome their obstacles and flourish
- How to gather and direct group energy consciously and effectively
- How to use your voice to support energetic shifts in a group or organization
- How to create sacred space that supports the rooted expansion of your work

# Level Two: The Facilitator Path

**In this year-long program you'll learn:**

- The fundamentals of elemental dance (\*optional deepening course on this also available)
- Divine altar creation to support and hold energy with a chosen intention
- How to hold specific frequencies in the service of the whole (and what to do when things are chaotic)
- How to make sacred offerings in service to your group energy work or ceremony
- The art of leading ceremony in a way that initiates the participants into new levels of living and being





# Level Three: The Ordination Path

This path is one of the deep devotion to becoming a clear conduit for Divine Love to flow through you. You'll hone and refine your skills, your own energy, and your ability to empty and tune. This is an intimate, bespoke program of legal ordination through Radiant Heart Sanctuary, our non-profit spiritual organization.

## **In this year-long program you'll learn:**

- Become a clear, unobstructed conduit for the Divine to flow through into healing, ceremony, and every space you enter
- Receive one on one guidance that will support you in creating exactly what you desire in your life and becoming who you're meant to be
- Be held to your edge, so you're able to expand beyond that place and evolve your practices and work



# Level Three: The Ordination Path

**In this year-long program you'll learn:**

- Be deeply seen and loved while coming into surrendered devotion
- Work out the kinks and dust that may be impacting your field
- Go on a pilgrimage of your own evolution
- Awaken to your highest self
- Learn to use Entheos Energy Medicine in a way that positively impacts the whole Universe





**BUSINESS SUPPORT  
AT EACH LEVEL**

# BUSINESS SUPPORT

## Level One: **The Practitioner Path**

Business Training Program (\$2000 value) with Briana released at program graduation that will support you in growing an abundant and successful business. This program covers the essential aspects of creating, marketing, and scaling your business so you have a thriving income.



# BUSINESS SUPPORT

## Level Two: **The Facilitator Path**

3 Live 90 minute Blooming Business Calls (\$2,391 value) with Briana where you'll dive into the strategy and energetics of creating a successful business.

The Amplify Bundle for setting you up for success in YOUR business. This bundle will both support the growth and expansion of your business with these profoundly impactful business programs.

# BUSINESS SUPPORT

## Level Three: **The Ordination Path**

The one on one nature of the relationship at this level provides continuous support on your business path - nothing is off the table to be discussed, developed, and designed if that's what's calling your heart.

The Amplify Bundle for setting you up for success in YOUR business. This bundle will both support the growth and expansion of your business with these profoundly impactful business programs.

The Alchemical Entrepreneur (value \$597) In this powerful 3 part Mastercourse to turn on your entrepreneurial spirit, you'll learn how to infuse energy alchemy into your business so you can experience results beyond your efforts - to move from predictable growth to dreams-realized kind of expansion, to set up an aligned business model that allows you to be living and creating from your own truth, flow, and desire and how to embrace the nitty gritty planning so you can be more present in every moment AND create a way forward that supports your vision.

# READY TO JOIN US?

**YES, SIGN ME UP**

ENROLL NOW TO BECOME A **CERTIFIED SPIRIT  
MEDICINE PRACTITIONER, FACILITATOR, OR  
ORDAINED SEER**

## THE PRACTITIONER PATH

**MONTHLY  
\$777**

**PAID IN FULL  
\$9,000**

### THE BONUSES

Business Training  
(\$2000 Value)

Worthy (\$997 Value)

\*Option to add  
DragonTree Life  
Coaching Training for  
\$1,000 (\$83.33/Month)

## THE FACILITATOR PATH

**MONTHLY  
\$888**

**PAID IN FULL  
\$10,000**

### THE BONUSES

3 Live Blooming Business  
Calls (\$2,391 Value)

Step by Step Guide To  
Run Your First Retreat  
(\$997 Value)

Dreambook PDF

The Foundation (\$997  
Value)

## THE ORDINATION PATH

**MONTHLY  
\$2,333**

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\$27,000**

### THE BONUSES

90 Minute Strategy  
Session (\$3,000 Value)

The Alchemical  
Entrepreneur (\$597  
Value)

**PAY FOR 2 YEARS AND SAVE!**

**MONTHLY FOR 24 MONTHS - \$777 (SAVE \$1,332)  
OR PAID IN FULL - \$17,500 (SAVE \$1,500)**

**WE BEGIN MARCH 3RD, 2025**



A woman with long, wavy brown hair and bangs is shown from the chest up. She is holding a thin, light-colored stem with several green, lanceolate leaves to her right eye. She has a gentle smile and her eyes are partially closed. The background is a soft, out-of-focus light color. The text "LIVE RETREATS" is overlaid in white, bold, sans-serif font across the middle of the image.

# LIVE RETREATS

# LIVE RETREATS

## Level One: The Practitioner Path

NOVEMBER 9TH, 2025 - NOVEMBER 10TH, 2025

In-person weekend retreat! We'll be diving into the depths of ceremony while honing and refining your magical skills in the beautiful country of Mexico. This experience alone is going to shift the foundation of your life toward more clarity, freedom, and fully lit expression.

\*DOES NOT INCLUDE TRANSPORTATION\*



# LIVE RETREATS

## Level Two: **The Facilitator Path**

**NOVEMBER 3RD, 2025 - NOVEMBER 7TH, 2025**

In person 5-day retreat!! We'll spend time together deepening into your own capacity as a channel of Divine Love, mastering your Entheos Energy Medicine Seer skills with groups and organizations, and shifting the gunk of the collective. You'll leave confident and clear in your path as an Energy Medicine Facilitator.

\*DOES NOT INCLUDE TRANSPORTATION\*



# LIVE RETREATS

## Level Three: **The Ordination Path**

**The Ordination path is so deeply woven to support you - we'll spend a lot of time on retreat together in several different capacities**

You'll lead 1 retreat that I'll come to support and offer guidance and training

You'll assist on a retreat I lead so you can receive hands-on experience and embody the energy that's generated.

2 solo VIP days with Briana, one at the beginning of the year and one near the end. Both of these will be curated to exactly where you are in your process in alignment with moving you to becoming who you're here to become.

The first retreat will be a customized retreat day for clearing out any last vestiges of what is in the way of your energy medicine mastery. And the one at the end will include a powerful pilgrimage and a beautiful customized ordination ceremony.





# PILLARS OF ENTHEOS ENERGY MEDICINE

We live in a world that's cluttered with quick certifications that often leave graduates feeling unprepared or like an imposter.

This program is not that. It's one of the most extensive programs on energy work and is founded in authenticity.

As an **Entheos Energy Medicine Seer**, you'll work with clients using deeply rooted, wise, ancient practices as well as more contemporary approaches to connecting with, assessing, shifting, and reweaving energy.

# PILLARS OF ENTHEOS ENERGY MEDICINE

**Effective:** I believe there are few interventions that can create more sustained and powerful change than energy medicine done in the ways that you will learn in the Spirit Medicine Academy. I've witnessed my clients have dramatic shifts in their health, revitalized relationships, exponential business growth, transformations in mindset and mood, spiritual awakening . . . and absolute miracles happen in every area of life.

When we do the real root work, the shifts we make translate into tangible changes in reality. This is potent magic.

**Sustainable:** I have met numerous practitioners of energy work who report feeling depleted by it. Some can only do one session a day because they're so spent afterwards! It breaks my heart to know they're living this way. In my experience this is usually the result of incomplete training. One of your first lessons with me will be how to have clear energetic boundaries so this doesn't happen.

It's not necessary or even useful to give away your personal power or take on clients' burdens. The superior path to the resolution of an imbalance never involves passing it on to someone else.

**Ethical:** When we realize the incredible power and impact energy medicine holds, we must humbly recognize the respect and care that it deserves. Holding all beings as sovereign and capable, we approach always with invitation and compassion, trusting in the client's path and agency.

We also hold in reverence the historic origins of many of these tools. Adopting these ways obligates us to recognize that many of the originating cultures have been disrespected, appropriated, and even destroyed.



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# MONTHLY SYLLABUS

## LEVEL ONE

# SPIRIT MEDICINE PRACTITIONER



**3 Live Session Each Month:** One live teaching session per month where we'll be diving into the rich content you'll need to become an Entheos Energy Medicine Seer. Two transmission and embodiment sessions a month where I'll reinforce what you learned that month through a transmission of the blueprint on the energetic plane. You'll then practice this lesson with your cohort so it lands deeply in your system and have time to ask your questions and gain clarity.

**Online Learning Portal:** A comprehensive and clear learning portal to support you in your learning path - you'll be able to track your progress and connect to all the resources you need.

**Continuous Support:** You'll have the ability to post questions in your online portal and Briana or team will respond. You can also ask your questions during the Q&A.

**Community Facebook Group:** You'll have the space to connect, support, and grow with the other people in your program.

# MONTHLY SYLLABUS

## LEVEL ONE

# SPIRIT MEDICINE PRACTITIONER



### **Peer Support Pods For Support Around Business and Facilitation**

**A Beautiful Training Workbook:** This clear and thorough workbook will support your learning, where you'll be able to access bulleted notes, charts, and graphics related to the teaching topics.

**2 Guided Meditations Per Module:** To support your ability to become a conduit for Entheos Energy Medicine and experience profound spiritual shifts.

**2 Embodiment Practices Per Module:** To guide you toward your most rooted and expanded self and be able to clearly integrate the work that you're doing in the program.



# DETAILED SYLLABUS

## LEVEL ONE

### Month 1 – March: The Energetic Tapestry

- Weaving the Threads: An Introduction to Energy Work
- Intentions and Ethics in Energy Work
- Energetic boundaries and hygiene
- Practices to build energetic sensitivity and intuition
- Navigating Energetic Pathways
- Your Divine Support Team
- Locating and Landing Another's Energy

### Month 2 - April: Expanding Energetic Horizons

- Approaches to Energy Work
- Opening Up the Energetic Field
- Bending Time: Shaping the Experience of “Reality”
- The Dance of Energy and Substance
- Healing Through Energy Projection
- Healing Through Consciousness Projection
- Practices to build energetic sensitivity and intuition

### Month 3 - May: The Vital Exterior and Nexus

- Anchors in the Cosmos: Connecting to the Directions
- Exploring the Depths of Central Channel Work
- Opening and Activating the Energy Centers of the Central Channel
- Holding space 4.0
- Stars Aligned: Navigating Upper and Lower Personal Stars
- Practices to build energetic sensitivity and intuition

# DETAILED SYLLABUS

## LEVEL ONE

### **Month 4 - June: The Symphony of Energetic Interventions**

- Crafting Harmony: Introduction to Energetic Interventions
- Orchestration Within: The Microcosmic Orbit
- Choosing Yourself as the One
- Equilibrium in Chaos: Achieving Balance
- The String Effect
- Unblocking the Flow: Clearing Energetic Obstacles

### **Month 5 - July: Integration**

- A Month of Integration - No New Content
- Office Hours, Meditations, and Practice Sessions

### **Month 6 - August: Energetic Resonance Amplified**

- Advanced Energetic Interventions
- The Closed Circuit Meditation
- Clearing the Pathways: Energetic Lines
- Clearing the Pathways: Blood Lines
- Working with the Support and Guidance of Your Ancestors and Theirs

# DETAILED SYLLABUS

## LEVEL ONE

### **Month 7 - September: Elemental Magic**

- Creating Relationship with the Elemental Forces
- Elements as Tools for Creation and Clearing
- Working with the Energy of the Elements for Systemic Change
- Energy Centers in Hands and Feet
- Hand of Healing: Techniques in Hand Energy Work

### **Month 8 - October: The Energetic Operating Room**

- Preparing for the Energy of Precise and Deep Work: for You and Them
- Energetic Surgery
- Energy work for pain
- Gunk Vanquished: Extraction Techniques
- Clearing Seeped Energies
- Revisiting Energetic Boundaries and Hygiene

### **Month 9 - November: Unveiling Mystical Mechanics**

- Orchestrating the Dance of their Energetic Sensitivity
- Connecting Clients to Energetic Nourishment
- Working in the Back Body and Field
- Bone Energy Work: Harmonizing the Energetic Symphony Within
- Energetic Scrubbing



# DETAILED SYLLABUS

## LEVEL ONE

### **Month 10 - December: Integration**

- A Month of Integration - no new content
- Office Hours and Practice Sessions

### **Month 11 - January: Opening and Invocation**

- Pranic Breath: Energetic Breathing Techniques
- Opening the Cosmos
- Invoking Medicinal Healing and Entities by Name
- Word Magic in Energy Work

### **Month 12 - February: Ascendant Pathways**

- Working with the Belt Channel
- Energetic mapping : Directionality
- Energetic Approaches to Treating Possession

### **Culmination Ceremony: Celebrating the Completion of Year 1**

# MONTHLY SYLLABUS

## LEVEL TWO

# SPIRIT MEDICINE FACILITATOR



**3 Live Session Each Month:** One live teaching session per month where we'll be diving into the rich content you'll need to become an Entheos Energy Medicine Seer. Two transmission and embodiment sessions a month where I'll reinforce what you learned that month through a transmission of the blueprint on the energetic plane. You'll then practice this lesson with your cohort so it lands deeply in your system and have time to ask your questions and gain clarity.

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## LEVEL TWO

# SPIRIT MEDICINE FACILITATOR



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# DETAILED SYLLABUS

## LEVEL TWO

### Month 1 – March: Weaving the Tapestry

- Deepening the Understanding of Group Energy Dynamics
- Harnessing the Power of Shared Purpose
- Creating Harmonious Group Energetic Resonance
- Ethics: Navigating Group Energy Responsibly
- Practices for honing your energetic sensitivity in groups

### Month 2 – April: Mastering Group Energy Flow

- Cultivating Seamless Energetic Flow within a Group
- Synchronized Resonance: Aligning Individual and Group Energies
- Energetic Leadership
- Reading and Holding the Group Energy Fields
- Divine Altar Creation to Support and Hold Energy
- Sacred offerings

### Month 3 – May: Collective Transformation

- Ritual Design
- Co-Creating and Manifesting Shared Intentions
- Energetic Intervention Application in Groups
- Group Energy Work for Planetary Healing
- The Collective Shadow: Addressing and Transforming Group Shadows

# DETAILED SYLLABUS

## LEVEL TWO

### Month 4 - June: Working with Organizations

- Awareness of the Field
- Energetic Clearing and Alignment Practices
- Creating flow and amplification
- Conflict Resolution and Energetic Harmony
- Energetic Alignment with Purpose

### Month 5 - July: Integration

- A Month of Integration - No New Content
- Office Hours and Practice Sessions

### Month 6 - August: Relational Energetics

- Ethics of Energy Work on and in Relationships
- Relationship Energetics: A Deep Dive into Energetic Connections
- Illuminating Family Lines and Energetic Cords
- Managing Leaky Energy
- Removal of Relational Blocks
- Healing Parental/Child Dynamics

### Month 7 - September: The Breath of Connection

- Breathwork for Groups: Utilizing Breath to Release Blockages and Expand Consciousness
- Energetic Synchronization through Breath
- Holding Different Frequencies for Specific Results

# DETAILED SYLLABUS

## LEVEL TWO

### Month 8 - October: Symbols, Grids, and Sounds

- Incorporating Power Symbols into Group Rituals
- Creating Energetic Grids for Group Healing
- Utilizing Sonic Vibrations for Healing
- The Power of Expression to Create Energetic Harmony

### Month 9 - November: Elemental Movement

- Intro to Elemental Dance
- Designing Movement-based Group Rituals
- Navigating Group Energetic Shifts: Adapting with Grace and Intent

### Month 10 - December: Integration

- A Month of Integration - no new content
- Office Hours and Practice Sessions

### Month 11 - January: The Artistry of Sacred Rites

- Unveiling the Heart of Ceremony: Crafting Purposeful Ceremonies
- Mastery in Ceremonial Design
- Ceremony Preparations
- Sanctified Space: Nurturing Sacred Environments for Ceremony
- The Artistry of Performing Ceremony



# DETAILED SYLLABUS

## LEVEL TWO

### Month 12 - February: Beyond the Veil in Ceremony

- Altered States of Consciousness in Ceremony
- Tools of the Sacred: Ceremonial Tools and Instruments
- Receiving guidance from Ancestors and Guides
- Rites of Passage
- Blessing and Healing Ceremonies for People and Places
- Ceremony for Collective Awakening

### Culmination Ceremony: Celebrating the Completion of Year 2

WE BEGIN MARCH 3RD, 2025

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ENROLL NOW TO BECOME A **CERTIFIED  
SPIRIT MEDICINE PRACTITIONER,  
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# MONTHLY SYLLABUS

## LEVEL THREE

# ORDAINED SPIRIT MEDICINE SEER



The custom curated nature of this path lends itself to many options and opportunities that will be developed for your specific, unique needs and desires – with the clear intention of supporting you to become an open channel for the Universe. You'll refine your ability to transmit Divine energy and all its expressions, and lead ceremonies of union, death, birth, and all the spaces in between.

**Monthly 1-on-1 mentoring with Briana** (60 mins) where we'll navigate through all that arises as you step into this new role in the Universe. This may include business mentoring, Entheos Energy Medicine, ceremony, movement, or anything else needed to help you rise to the fullest expression of yourself.

**You'll lead 1 retreat that I'll come to support and offer guidance and training**

# MONTHLY SYLLABUS

## LEVEL THREE

# ORDAINED SPIRIT MEDICINE SEER



**You'll assist on a retreat** I lead so you can receive hands-on experience and embody the energy that's generated.

**1 year membership in Love Rising** so you can receive the energy work you're learning in a community of incredible humans. It will support you in opening, receiving, and clearing the way for your highest potential to flow through.

**The Amplify Bundle** for setting you up for success in YOUR business. This bundle will both support the growth and expansion of your business with these profoundly impactful business programs.

**2 VIP days with Briana**, one at the beginning of the year and one near the end

There's no syllabus because it's you and I exploring the great mystery together as we unveil the most powerful, devoted, and clear version of you that stands in this world as a conduit of Divine Love.



# READY TO JOIN US?

**YES, SIGN ME UP**

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**MONTHLY  
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### THE BONUSES

Business Training  
(\$2000 Value)

Worthy (\$997 Value)

\*Option to add  
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**WE BEGIN MARCH 3RD, 2025**



## **YOU'RE NOT ALONE ON THIS MEDICINE PATH**

In your online portal you can ask questions any time and Briana or team will respond so you can feel confident in your understanding and embodiment.

Every month there will be multiple opportunities to ask your questions during live calls (or if you can't make it live you can send them before hand) so you'll get the support you need to be a badass energy healer.

You'll have a community Facebook group where you can connect with the other folks in the program and receive support, encouragement, and celebration.

And one of the most incredible ways that you'll be held during your training is through your Peer Support Pods that will be your tight crew for practicing, receiving support, and accountability.

## TESTIMONIAL

The day I met Briana, I was in a situation that I couldn't see my way out of. Briana had a way of immediately connecting to and seeing what was blocking me from my highest potential.

She named it, gave a metaphor, and put a story to it. It gave me a completely new perspective of my challenge. Because of this new perspective, I was able to see how to shift my own energy and meet another being from a place of love and compassion instead of fear.

I feel like with Briana's insight, I was able to rise to my highest potential with ease, step into a higher level of leadership. Briana has a way of bringing light to what is standing in our way and providing a fresh perspective that allows us to step beyond our blocks and into our highest self.

Briana's work is profound and moving in a way I had never experienced before. I cannot recommend her enough.

- Michelle L.





## TESTIMONIAL

I decided to join the apprenticeship so I could deep and expand my energy with clients. In being part of Love Awakened, I realized that the work Briana was sharing with us was something I wanted to learn more about and something that I knew would benefit others in my life.

The apprenticeship equipped me with the knowledge of how to better support my clients and even family members with challenges they faced. We gained hands on experience in a supportive environment with using the energy work to help alleviate various issues and promote both emotional and physical wellbeing.

Not only did I learn the techniques and practices that helped enhance my energy healing skills, but I also gained more than I expected. Over out time in the apprenticeship, there was the space and encouragement to focus on my own self-discovery and growth as a human. This journey has provided me with a deeper understanding of who I am at my core, my true essence, and what. I am here to share.

If you are ready to invest in your own growth and know you are here to bring this work to more people, this is an amazing opportunity to turn that vision into reality.

- Erin R.



## TESTIMONIAL

I am an Energy Worker! How cool is that? We are learning stage by stage the possibilities of energy work, and although we are less than half-way through our training, the tools we use are powerful, and work magic. I've noticed huge shifts in my own energy (and life), and I've noticed that the more we practice with each other, generally the smaller the shifts that are needed.

Some of the most powerful shifts I have seen have come from working with my own energy. I have a few regular practice partners and I've managed to connect with 2/3 of this first cohort so far, sharing energy work practices at least once; and I'm planning on connecting with the remaining members long before we've finished our studies. I love the depth and variety I have been exposed to with practicing among my classmates, and I'm looking forward to sharing my skills with the wider world.

Practicing energy work (both giving and receiving) has truly allowed me to embed energy work into my regular practices, and I'm looking forward to graduating to the next phase of learning energy healing for groups in Year 2, carrying with me the skills I have learned in Year 1 of the Spirit Medicine Academy.

- Samantha P.



## TESTIMONIAL

I started studying energy work with Briana because I experienced the benefits having worked with her and receiving energy work from her.

I had seen the impact it had made on myself, my life, and my business. As I built my coaching practice, I realized that energy work was a key tool to offer my clients. It made sense to learn how to do energy work from the person I had most benefited from with energy work.

With Briana, we are are learning really high level techniques and methods, and as we are learning, we are practicing on ourselves. So not only are we learning, but we are receiving it as well. This is a key component that not every teacher incorporates and I was really appreciative of how Briana reminded us that we needed to be in integrity with our own energy first and that it was square one.

I would highly recommend studying energy work with Briana for anyone who is interested in coaching, healing, serving from a deeper, more aligned place.

- Anne B.



## TESTIMONIAL

I could easily write a novel on this subject I have benefited from receiving energy work through the years and have always felt drawn to the work but I had a lot of 'not enough' beliefs that stood in my way. I have spent some time working on my own self (often with the help of Briana's courses and offerings) and felt ready this year to explore some new horizons.

This work has been pure magic for me. The world has just opened up and life feels more beautiful, magical, and spacious. I am finding a deep well of connection and love within myself that is soul nourishing in a way I cannot even explain. AND I feel like I am stepping into alignment with my soul's purpose. I am seeing now that I can be of service in this world in a way that will have a lasting positive impact; both on individuals and the collective. So many of my own long-standing blocks and fears have fallen away and I feel more like my true self than I ever have before.

The work is challenging here, but the support is unbelievable. I have gone from feeling totally intimidated by SMA to feeling completely safe to play and ask questions and explore. I know that the container is one of deep compassion and non judgement. Briana is an incredibly talented and wildly powerful human and as a teacher she is empowering, compassionate and completely non-judgmental. She explains the how and the why and approaches all of it with a sense of joy and playfulness. I feel like I am being encouraged to take responsibility for myself and my work in a much more aligned way, all the while being held with loving compassion in this safe space. It is a really beautiful space for exploration and growth. I could not be more glad that I listened to my heart and stepped into this work.

- Carissa S.

A person's hands are shown holding a lit candle in a brass holder. The candle is lit, with a bright flame. The background is a dark, patterned fabric. The text is overlaid on the image.

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